



Nazareth Agua Caliente Villa Assisted Living

affordable healthcare in Sonoma since 2012

RCFE Lic # 496803340

BASE RATE Semi Private Shared Room \$2150-\$2350

+ Private Suite (1 person) \$2650-\$2850

Levels of Care is a care plan established to meet care needs

LOC I \$650

LOC II \$850

LOC III \$1150

LOC IV \$1500



European Assisted Living

In the Mid 1800's Agua Caliente was well known for the hot springs that ran below the property. This was a well known landmark hotel and destination resort spot for many years. In 1976, it was converted into senior housing. Nazareth, a privately owned healthcare company purchased this building in 2012 to preserve it as a historic landmark building #21. We proudly maintain the history as Sonoma's oldest Assisted Living community preserving the same European charm of the vintage year's of Sonoma.

Community Fee One time \$1500

is assessed for permanent placement programs. Rooms differ in amenities.

Respite 7 days Minimum \$150-\$200

17250 Vailetti Dr. Sonoma, Ca 95476

Our Program starts with Affordable Care

Classic Care program includes base cost plus a level of care (LOC)

- [] **Dietary** Residents are directed to the dining room and are supervised by staff. Most are able to self-feed in a social dining room with or without assistance. This includes three restaurant style meals plus 6 hydration snacks daily. Physician ordered dietary supplements (ex: Ensure) are considered special dietary needs and are not included. Special dietary needs may be additional if determined at consultation. Caregiver assisted hand over hand feeding or bed bound feeding is considered a higher level of care need.
- [] **Toileting** Resident may be able to self-toilet or communicate the need for toileting assistance. If there is beginning stage loss of **bowel and bladder** control at times. It is considered incontinence. Families provide their own incontinence supplies such as under garments. If a resident requires frequent changing and caregiver assistance for incontinence, we may recommend enrollment in an ***incontinence program at additional expense.***
- [] **Hygiene** Daily hygiene care with caregiver standby assist or total assistance is included. Families must provide personal hygiene supplies for skin and scalp as each resident may have different allergic reactions to over the counter products.
Hygiene supplies recommended: Shampoo & conditioner, soap, toothpaste, denture cleaner, electric shavers for men (no exposed blades), deodorant. Toilet paper is provided along with towels.
- [] **Showering** Residents are assigned two shower days a week or when needed for those requiring higher frequency due to incontinence. Caregivers may assist or provide standby assist.
- [] **Linens** Nazareth provides clean towels daily. Bed linens are changed on shower days or as needed due to incontinence. Comforters and sheets may be provided by family if desired.
- [] **House Keeping** Room cleaning and laundry services are provided daily at around the same time. Clothing will be marked with the resident's name. Occasionally personal clothing items are misplaced but are usually found and put back in the right room
Don't panic.
- [] **Behavior management** severe agitation, combative behavior, elopement risk, wanderers and Sun downing requires patience to develop a plan of care and the right community. Agua Caliente is a non-secured building. No two residents are alike and some resident may not be appropriate for Assisted Living. A resident may be deemed ***non-compliant due to severe behavioral issues.*** A specialized plan of care and or relocation to a Memory Care Community may be recommended including ***one on one care in the in the interim to insure resident safety or health.*** We do not provide one-to-one care but it may be requested at a reasonable cost while a better option is found.
- [] **Ambulation Fall Risk** **All elderly are considered fall risks.** Efforts to ensure the proper use of walkers and reminders are used. However, some residents require constant supervision and some may be wheelchair bound but have the urge to stand or try to walk. Caregivers will provide a high level of supervision. Unfortunately one on one care is not even fall proof. With residents considered **high fall risk it's not a matter of if they will fall it's when. It's against DSS guidelines to restrain a resident. Understanding IS all we can expect.**

NOTE: High fall risk may require bed alarms, chair alarms, and ½ bed rails. These are expenses Medi-Care or your insurance may cover. A program is available at additional expense that may be lower than over-the-counter products. Consult with the Resident Care Director to determine your best options. Our goal is safety first.

Levels of Care Program for ADL's (Activities of Daily Living)

Classic Care I LOC \$650 (minimum required)

- [] **Dietary** A resident is able to self-feed in a social dining room without assistance
Caregiver may be needed to direct the resident to and from dining room. *In Room service is additional.*
No special dietary order such as gluten free or special preference items beyond normal stocking.
Nutritionally balanced meals served restaurant style 3 times daily with up to 6 hydrating snack periods in between. *(Does not include doctor ordered dietary supplements)*
- [] **Toileting** Resident can self toilet or determine need for assistance for bowel or bladder or be incontinent with minor accidents requiring caregiver assistance. A family has the option to provide incontinence supplies *or participate in the incontinence program at additional expense.*
- [] **Hygiene** Ability to participate in daily hygiene care with caregiver assistance
Personal hygiene supplies provided by family such as toothbrush & toothpaste, hair products, deodorant, or denture cleaner. This is done for allergen control. Caregivers provide standby assist. Showering is scheduled 2 times weekly. Bedding is changed twice weekly unless soiled or as needed.
Laundry **daily** and Housekeeping **daily**
- [] **Medication & Prescription Management** This is a Dept. of Social Services regulation.
- [] **Ambulation** Fall risk is minimal. Every resident is considered fall risk.
May be ambulatory with or without a walker with **steady gait** considered a **low fall risk**

Classic Care II LOC \$850

- [] **Dietary** A resident is unable to self-feed in a social dining room without assistance
Caregiver may be needed to assist hand over hand feeding.
- [] **Toileting** Resident requires frequent bowel or bladder assistance or fully incontinent.
A family has the option to provide incontinence supplies *or participate in the incontinence program at an additional expense.*
- [] **Hygiene** Ability to continue to participate in daily hygiene care with caregiver
Resident requires 1-2 caregivers to get out of bed, bath.
- [] **Behavior Management** Agitation and behavioral issues requiring higher supervision and directing
- [] **Ambulation** Fall risk is moderate Resident is beginning to fall and increased supervision is required .
May be ambulatory with or without a walker **with un-steady gait**. Considered a **fall risk**

Classic Care LOC III \$1150 to \$1500 Advanced (ma)

- [] **Dietary** A resident is unable to self-feed in a social dining room without assistance
Caregiver may be needed to assist hand over hand feeding or bed bound feeding required
- [] **Toileting** Resident requires total assist for full **bowel and bladder** incontinence. Frequent changing and caregiver assistance required especially for ambulatory. Participation in an *incontinence program at additional expense is recommended.*
- [] **Hygiene** Resistive & non-compliant in daily hygiene care with caregiver
Requiring 2 caregivers to assist resident or may be bed bound requiring every 2 hour rotation
- [] **Elevated Highest Level of Care** Severe agitation, combative behavior, elopement risk, Sundowner
- [] **Ambulation** Fall risk is High Resident is beginning to fall or has history of falls but wants to ambulate .

This requires constant supervision to reduce fall risk. One-on one care is not included but is an option at higher costs.

Wheelchair bound or bed bound residents who have the urge to walk could attempt to stand or walk with little to no warning and considered **high fall risk. These are the most difficult behaviors.**

All Falls are treated as 911 and sent to emergency for observation. Falling may be an indication of an underlying medical issue. All precautions are taken to **reduce the risk of falling.**

NOTE: High fall risk may require bed alarms, chair alarms, and bed rails. These are expenses Medi-care or your insurance may cover and are not provided by Nazareth. Consult your local retail medical supply company.

Our Team of Professionals

Sonoma Executive Dir.

Gerick Raju “Mr. G.”
Office (707) 996-6100
Fax (707) 996-6102
Email gerick.r@nazarethaguacaliente.com

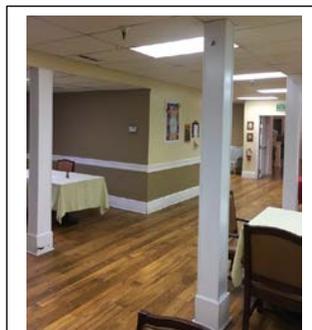
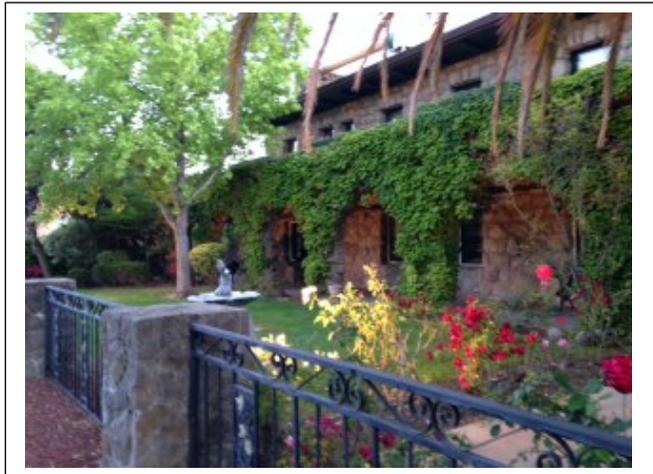
Activities Program Director

Office (707) 996-6100
Fax (707) 996-6102

Business Office/Regional Billing

Karen Wilbon BOD
Office (707) 422-1565
Fax (707) 759-2548
Email businessoffice@fairfieldncc.com

Nazareth Corporate Office
(650) 347-9500



We offer families like yours an affordable memory care community for a loved one who deserves a place with dignity without sacrificing care.

We emphasize care as the primary reason you are choosing Nazareth

We do what other communities don't want to do...offer a long term financially affordable care plan program so you have peace of mind as your loved one's journey progresses.

REV 10/7/2016 Pricing subject to change based on market. Here are additional communities& options

- Nazareth Classic Care Fairfield MC
- Nazareth Classic Care of Napa MC
- Nazareth Rose Garden of Napa AL
- Nazareth Park Place Sacramento AL/MC
- Nazareth Classic Care Menlo MC
- Nazareth Vista Belmont IL/AL/SNF



NAZARETH CLASSIC CARE COMMUNITY, INC.
A NAZARETH HEALTH CARE COMMUNITY