



Nazareth

Park Place of Sacramento

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Sacramento CA 95825
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www.NazarethHealthCare.com
License # 347004465

Nazareth Park Place

We have established a reputation in Sacramento for offering affordable assisted living. Nazareth is an age appropriate community for residents transitioning from independent living communities or from home where needs have exceeded part-time care. We offer an environment that is ideal for residents with limited resources and higher care needs.

80 Spacious Apartments

Nazareth Park Place Assisted Living is located across from Kaiser. The building features two interior sitting gardens for quiet relaxation. Our community is ideal for residents who would thrive in a social environment. We emphasize care first. Residents enjoy spacious rooms with full bath, a refrigerator and microwave.

Community Fee: \$750

A one-time fee allocated to long-term expenses such as painting, repairs and replacement of furniture, flooring, AC units and administrative fees related to a move-in.



Assisted Living Base Rate

\$1750-\$1950

Shared companion room

\$2350-\$2650

Private Room & Up

Plus a Level of Care (LOC)

\$4700 Couples Room & Board Rate

Includes: Basic Medication Management

Higher LOC may be applied based on assessment

Levels of Care (at least one Level of Care required)

LOC 1 \$300-\$350 Medication Management (minimum)

LOC 2 \$450

LOC 3 \$575

LOC 4 \$700

LOC 5: \$900

LOC HN1 \$1050-\$1500 High care needs

*Levels of Care are in addition to the Base Rate and are individualized custom care plans that meet your current and future care needs and are based on an assessment.

***Core Services include:** Rent, basic utilities (*cable/phone not included*), Three Meals daily & snacks in a social dining room, housekeeping & laundry services. 24-hr. awake staff and an onsite LVN during regular business hours



Reflections at Nazareth

Nazareth's Memory Care is an option provided to families who have a loved one that requires a higher level of care associated with memory loss due to Alzheimer's or Dementia.

A Secured Community Reflections is considered a secured (not locked) neighborhood. It's an affordable, spacious transitional unit that is appropriate for wanderers, Sun-Downers, Lewy Body, Parkinson's and residents who display behavior issues associated with Dementia.

- Secured entry
- Spacious Apts.
- Affordable
- Outside Garden Area
- 24-hour Caregivers
- Gated outdoor common area
- 10 Rooms
- 22 Apartments

Community Fee: \$1,000

A one-time fee allocated to long-term expenses such as painting, repairs and replacement of furniture, flooring, AC units etc., and administrative fees related to each move-in.



Memory Care (Base Rate)

\$2850

Shared companion room

\$3300

Private Room

Plus a Level of Care (LOC)

\$5800 Couples Rate LOC may be applied

Levels of Care (a Level of Care is required)

LOC 1 \$550 Medication Management

LOC 2 \$750 Assistance with daily hygiene.

LOC 3 \$950 Additional level of personal assistance.

LOC 4 \$1050 Additional higher level of personal assistance

LOC HN1 \$1100-\$1500 High care needs

*Levels of Care are in addition to the Base Rate and are individualized custom care plans that meet your current and future care needs and are based on assessment.

***Core Services include:** Rent, basic utilities (*cable/phone not included*), Three Meals daily and snacks in our family style dining room, housekeeping & laundry **daily** and 24 hour awake staff and an onsite LVN during regular business hours.



Nazareth's Affordable Care Program



Dietary Program (*Resident assisted or directed to dining room. **Meal Times**-7:30, 11:30 & 4:30*)

Caregivers will direct your resident to the dining room and provide supervision during dining. For residents requiring special assistance, the care department can arrange a customized dining experience that ensures dining with dignity. We make every attempt to preserve dignity and serve every resident's dining needs.

Special diets can be accommodated with physician orders. An additional fee will be determined during consultation. Physician ordered dietary supplements *are not included* (example: Ensure)

Hygiene (*Incontinence supplies are not included*)

If a resident requires frequent changing and caregiver assistance for incontinence, we may recommend enrollment in our **incontinence supply program** at additional expense.

Toiletries (*Personal toiletries are provided by family or resident*)

Hygiene care is provided. Caregivers provide standby assist for dressing, brushing teeth, showering and will be determined by level of care.

Families must provide personal hygiene supplies for skin and scalp as each resident may have different allergic reactions to over the counter products. *Hygiene supplies recommended: Shampoo & conditioner, soap, toothpaste, denture cleaner, electric shavers for men (no exposed blades), deodorant.*

Shower Day's If your care plan has shower assists LOC, Caregivers will assist or provide standby assist. Residents requiring higher frequency due to incontinence may require additional LOC.

Linens may be provided if needed. They are changed on shower days or as needed due to incontinence.

Personal comforters and sheets may be provided by family if desired. Dry cleaning is not provided.

Housekeeping & Laundry Included

Room cleaning and laundry services are provided once a week. Clothing will be marked with the resident's name by request. Due to high volume, occasionally personal clothing items are misplaced but are usually found and put back in the right room. Don't panic. We'll make sure it ends up in the right room.

Adjusting to a new environment sometimes takes up to 2 months. A move can be confusing especially for new residents with various diagnoses. Medication is a key part of their care plan. Each adjustment is monitored for results and communicated to family and physician with a recommendation. No two residents react the same way and it is truly a specialized procedure that requires patience and cooperation. On rare occasions, the resident may be deemed **non-compliant due to resistance to care or a family resists recommendations making it difficult for us to facilitate**. If safety of the residents or your loved one is a concern, a specialized plan of care may be recommended including **one-to-one care to insure resident safety or health**. *We do not provide one-to-one care but it may be offered or requested at a reasonable cost while a better option is found. It takes trust and teamwork for a care plan to succeed. In the event a resident's behavior exceeds our care plan guidelines, a care meeting will be requested to determine appropriate placement in a community that meets their care needs.*

Fall Risk Management All elderly are considered fall risks. Efforts to ensure the proper use of walkers and reminders are used. Please note: Caregivers can not be there one-on-one at all times especially in their rooms. Unfortunately, even one on one care is not fall proof as it only takes a few seconds. With residents considered **high fall risk it's not a matter of if they will fall it's when. Please understand it's against DSS regulation to restrain a resident in Assisted Living. NOTE: High fall risk may require special care planning. These are expenses Medi-Care or your insurance may possibly cover. A program is available at additional expense that may be lower than over-the-counter products. Consult with the Resident Care Director to determine your best options. Our goal is safety first.**

Our Team of Professionals

Executive Director

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Community Relations Director

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Resident Care

Coordinator
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Memory Care

Director
Ledy Young, MCC
Office (916) 482-7745

Activities Director

Dorie Slade, AD
Office (916) 482-7745

Maintenance Director

Office (916) 482-7745

Dining Services

Director
Chef Joseph Husary,
DSD

Business Office

Manager
Maria Flores, BOM

Concierge

Patricia Perez
Office (916) 482-7745

Nazareth Corporate Office

(650) 347-9500
San Mateo, California.

We offer families like yours an affordable memory care community for a loved one who deserves a place with dignity without sacrificing care.

We emphasize care as the primary reason you are choosing Nazareth

We do what other communities don't want to do...offer a long term financially affordable care plan program so you have peace of mind as your loved ones journey progresses.

REV 9/2016 Pricing is subject to change at management's discretion

Nazareth Classic Care of Fairfield

Nazareth Classic Care of Napa

Nazareth Rose Garden of Napa

Nazareth Agua Caliente Villa Sonoma

Nazareth Classic Care Menlo Park

Nazareth Vista Belmont



Managed By; Nazareth Health Care, Inc.